



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NOVEMBER
2018

\$50/family

FIT FAMILY FUN

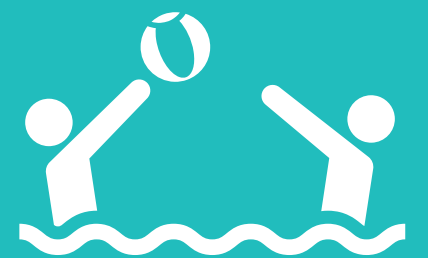
Healthy Living Challenge
YMCA OF CENTRAL OHIO



FAMILY YOGA



HEALTHY SNACK
DEMOS



FAMILY POOL
PARTIES



COMMUNITY
SERVICE

RUN/WALK
RACE



GAME DAY
AT THE Y



FAMILY GROUP EX
CLASSES

All kids receive a T-SHIRT
adult shirts: \$10/ea



Families get stronger
TOGETHER

MORE INFO ymcacolumbus.org/HLchallenge
REGISTER at your YMCA of Central Ohio branch